



Support Groups

LEUKEMIA

LYMPHOMA

MYELOMA

Looking for support and other's to talk to who have a diagnosis of Leukemia, Hodgkin disease, non-Hodgkin Lymphoma or Myeloma?

The Leukemia & Lymphoma Society

Offers support groups for newly diagnosed patients, family members, friends and survivors of blood cancers.

November 2005 monthly meetings

"Ask the Pharmacist"

Understanding Drug Therapy and Managing Side-Effects

Tom Schilling, Pharm.D.

Bring your prescribed medications and come "Ask the Pharmacist" about physical side-effects on the GI. tract, skin and hair, blood cell formation, drug actions and special considerations. He will discuss the role of drug therapy in cancer care.

- ❖ **Poway:** Patients & family members meet on the 3rd Wednesday of each month. This month we will meet on **Wednesday, November 16, @ 6:00 p.m.** at the Gateway Retirement Community.

"Meet the Doctor"

Happiness in a Storm: Facing Illness and Embracing Life as a Healthy Survivor

Jonathan R. Espenschied, M.D.

Physician, Founder & Executive Director of Working Against Cancer, and a leukemia and bone marrow transplant survivor. Dr. Espenschied will address ways that can help survivors overcome obstacles to healthy survivorship and happiness. We encourage all cancer survivors and their families to attend this educational, emotionally healing and inspirational program.

- ❖ **San Diego:** Patients & family members meet on the last Tuesday of each month. This month we will meet on **Tuesday, November 29, 2005 @ 6:30 p.m.** at the Society office. Our groups consist of two specialized support groups: 1) patients and 2) caregiver/ family member/friends which meet on the same night.

For more information, pre-registration and directions, please contact Patient Services at 858.277.1800 ext. 214 or 230. These groups are free of charge and professionally facilitated. Light refreshments will be served.

